

**NATIONAL DIZZY & BALANCE CENTER  
BASELINE TESTING CONSENT FORM**

For use of the Immediate Post-Concussion Assessment and Cognitive Testing  
(ImPACT)

Dear Parent/Guardian,

Your child’s school or team has selected to participate in an innovative concussion management program for student-athletes. The program includes ImPACT baseline testing, which is recommended to be performed prior to each sport season. The information that is gathered from these tests allows treating clinicians to determine the extent of injury, monitor recovery, and make safer return to play decisions. If your child is believed to have suffered a concussion in the future, ImPACT may be taken again, and the data is compared to baseline results.

ImPACT testing is non-invasive, safe and painless, and takes about 25 to 30 minutes to complete. **ImPACT is ONLY available for athletes 10 years of age and older.**

It is important that you emphasize to your child the value of following proper testing procedures. Please ask them to behave appropriately, and listen carefully to the directions of our staff. If your child is misbehaving we may ask them to leave and failure to follow directions may lead to inaccurate testing results, and testing may have to be repeated at YOUR cost. Testing staff will recommend further evaluation with an NDBC clinician for any child with ABNORMAL ImPACT results, and retesting is recommended for any INVALID results. It will be left to your discretion to follow any additional evaluation and retesting recommendations. Due to the high volume of testing, NDBC only provides retesting at their Roseville location on Saturdays at a cost of \$5. If your child needs to be retested, contact NDBC to schedule an appointment, or visit [www.stopdizziness.com](http://www.stopdizziness.com)

**Legal Disclaimer**

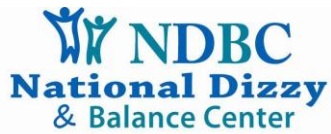
I have read and understood the above information, and give my authorization and consent for my child to participate in the Baseline Testing Concussions Management Program with National Dizzy and Balance Center. As a parent/guardian, I assume all risk and liability for my child and myself, and I hereby release and agree to hold harmless NDBC and its representatives from any damages that NDBC, I, or my child may suffer as a result of his/her participation in the Baseline Testing Concussion Management Program, regardless of the cause of such injury or damage. I agree to instruct my child to avoid reckless behavior and inappropriate conduct in all NDBC facilities and off-site testing locations.

Printed Name of Athlete: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Printed Name of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Parent/Guardian: \_\_\_\_\_

**Has your child suffered a concussion within the past year?**     **Yes**     **No**



**NATIONAL DIZZY & BALANCE CENTER  
DEMOGRAPHIC FORM**

**\*\*\*Complete prior to testing with National Dizzy & Balance Center\*\*\***

Childs Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Parent(s)/Guardian(s) Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone Number: \_\_\_\_\_ Work/Cell Phone Number: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

## NATIONAL DIZZY & BALANCE CENTER BASELINE TESTING INFORMATION FORM

### **What tests are recommended to keep myself or my child/athlete safe?**

An individual should have a baseline ImPACT neurocognitive test. It is recommended that baseline be completed every 2 years. Optimally, this test should be taken for athletes before the start of each sport season. The test will provide a neurocognitive normal, prior to a concussion. Additional balance tests, utilized by many universities and specialized clinics, may include the BESS, SAC or CDP (Computerized Dynamic Posturography). Together, ImPACT and a balance assessment complete a comprehensive baseline evaluation.

### **What is ImPACT and why do we do it?**

Neuropsychological testing (ImPACT) provides an objective evaluation of an individual's pre- and post-injury condition, allowing our clinicians to track recovery for safe return to work/play/activity. The test measures multiple aspects of cognitive function, including: attention span, working memory, reaction time, and problem solving. Comparing a baseline with post-injury scores will determine if an individual has returned to his/her pre-injury baseline, and if he/she is appropriate for return to work/play/activity.

ImPACT is set-up in a "video-game" type format. For example, in one part of the test, a dozen common words appear one at a time on the screen for about one second each. The child/athlete is then later asked what words were displayed.

### **How is NDBC different than other facilities (Bethesda, Gillette, Allina)?**

For convenient baseline testing, NDBC offers more flexible scheduling, including M-F and Saturdays for group or team testing. We offer a comprehensive baseline evaluation, with multiple tests, other facilities offer only one. A physical therapist or certified ImPACT administrator is available for assistance during all testing procedures.

Most importantly, NDBC offers a multidisciplinary approach to post-concussion evaluation. Our team of specialists includes physicians, audiologists, physical therapists, neuropsychologists, and neuroradiologists.

### **What should I do after I or my child/athlete suffers a concussion?**

The first step in post-concussion management is an acute evaluation, where a diagnosis of concussion is determined by the emergency department or urgent care. This will allow for any necessary immediate medical treatment (i.e. stitches, etc). For concussion evaluation and management, a post-concussion appointment may be scheduled at NDBC. An NDBC physician will evaluate, make further testing recommendations, and track progress as appropriate.